



VISHWA BHARTI PUBLIC SCHOOL, NOIDA
The March Is On...



Report : Evoking Excellence - A Leadership Seminar Series
Theme : Transforming Attitudes based on Bhagwat Gita

Date of Event : September 9, 2026

Location : Manthan School, Greater Noida Extension

Organized By : Chinmaya Mission, Noida and Manthan School

Participants : Ms. Amita Ganjoo, Ms Mamta Gupta and Ms. Sumedha Sharma

The session on "Transforming Attitudes-Based on Bhagavad Gita" focused on developing the right attitude, and sense of responsibility towards life and work. The discussion emphasised that excellence is not merely about achieving success but about performing one's duties and responsibilities with sincerity, courage, wisdom and a spirit of collective contribution.

1. Attitude-A Curtain Raiser: The session began with the understanding that our attitude is a lens through which we perceive life. As we become more aware and mature, we develop the ability to see the world as it is, without unnecessary adulteration or preconceived notions. The teachings of the Bhagavad Gita encourage us to look at life without filters and develop courage and wisdom. A positive and balanced attitude helps us accept different experiences and relate to people and situations in a healthier way.

2. Deeds and Duties: A significant emphasis was placed on understanding our roles and responsibilities in life and performing them diligently.

The teaching: "कर्मण्येवाधिकारस्ते मा फलेषु कदाचन।"

reminds us that our focus should be on sincere action rather than excessive attachment to its outcome. The message was to identify our roles in life and perform our duties diligently, whether towards our profession, family, society or the larger world.

3. Strength in Difficult Situations: Life is a series of challenges, and we cannot escape them. The session encouraged everyone to develop a powerful attitude of resilience, courage and inner strength rather than giving in to weakness.

The message to Arjuna was highlighted: 'क्लैब्यं मा स्म गमः पार्थ...'

and the importance of "उत्तिष्ठ" arise and act was emphasized. The thought "Yield not to weakness,

O Arjuna!" encourages us to overcome fear, hesitation and self-doubt and face our responsibilities with courage.

4. Balance in Life: The session also highlighted the importance of maintaining equanimity in different situations.

"सुखदुःखे समे कृत्वा लाभालाभौ जयाजयौ।"

We should learn to remain balanced in happiness & sorrow, profit & loss and victory and defeat. Such balance prevents us from being excessively affected by temporary circumstances.

Similarly:

**"मात्रास्पर्शास्तु कौन्तेय शीतोष्णसुखदुःखदाः
आगमापायिनोऽनित्यास्तांस्तितिक्षस्व भारत।"**

reminds us that happiness and sorrow are temporary and that we must develop the strength to endure and move forward without losing our inner balance.

5. From Knowledge to Wisdom and from wisdom to discernment: The session emphasized that education is not simply the accumulation of knowledge. True education should lead to wisdom, and purification of intentions. The discussion around "Knowledge and Wisdom" highlighted that knowledge should transform our thinking and behaviour. It should help us understand ourselves better and contribute meaningfully to others. As reflected in the notes, "Knowledge purifies our intentions."

6. Self-Realization, Self-Awareness: We are influenced by our own nature or Svabhava. Understanding our nature, strengths, limitations and responsibilities helps us make better choices. The session encouraged self-awareness, so that we can recognize our true potential rather than being trapped by false beliefs, delusions or unnecessary apprehensions.

7. Teamwork and Collective Growth: The ability to work together is one of the greatest potentials of human beings. Cooperative endeavour is essential for the progress of a family, team or organization. The session stressed that we should not confuse or discourage members of a team. Instead, we should work towards: Collective Good Collective Progress Collective Fulfillment Success becomes more meaningful when it contributes to the growth of others as well.

8. Teachers as Designers of Minds: A particularly important thought was: "Teaching is word art designing minds of students." A teacher does not merely transfer information. A teacher shapes minds, attitudes, values and character. Therefore, teaching is a responsibility as well as an opportunity to create a positive impact on the future.

9. Career and Purpose: The session reflected on the true meaning of Career. A career should not be viewed merely as a means of earning money, comforts or happiness. Rather, one's career should help one become an asset to the family, country and humanity. The broader purpose of professional life is therefore to contribute, serve and create value.

10. Detachment and Living in the Present: The session also encouraged us to understand the importance of detachment. We should not carry unnecessary emotional baggage from the past or become excessively anxious about the future. The teaching: "Nothing is permanent; therefore, live in the present." Encourages us to accept change and focus our energy on the present moment.

11. Attitudes Towards Duties: Different areas of life require the right attitude-career, money, comforts, happiness, family, society, nature, guests and relationships. The session highlighted that our attitude towards our duties should be guided by responsibility, gratitude, cooperation and service, rather than merely personal gain.

The session beautifully connected

जान, कर्म, कर्तव्य, स्वभाव, समत्व, तितिक्षा, विवेक and सेवा
with the idea of Working Excellence.

The central message was that true excellence comes when we:

Think with wisdom Act with courage Perform our Duties diligently → Maintain harmony Work cooperatively Contribute to collective good. Ultimately, we should strive to "Be the best wherever you are" and ensure that our work and attitude make us an asset to our family, institution, society, country and humanity.



**Invoking the blessings
of the Almighty**



Wise Words



Rapt Audience